

The Value of Problems

Have you ever wondered why one person sees something as "a problem" but another does not? I believe it has to do with our perception because right now, in some parts of the world, your worst problem is someone else's greatest fantasy.

The problem with problems is that when you are right in the middle of suffering through a hardship, it's darn hard to see anything good about it which is why this lesson can be hard to accept. Think way back to when you thought the most difficult task in the world was tying your shoes. Once that was mastered, you moved on and never looked back. By the time you were halfway through your teens, you had learned boatloads of essential lessons that helped you mature and now you have those times of adversity to thank for how incredible you are now!

So get ready, there are more obstacles coming and within each one, there is a hidden opportunity to learn. One way to put an appreciative shine on your difficulties is to realize that without problems, many people wouldn't have jobs and that's because much of our economy depends on hiring people to solve all those problems! Every adversity carries with it a seed of opportunity to gain wisdom. Be sure to teach someone what you've learned.

"Touch a thistle timidly, and it pricks you; grasp it boldly, and its spines crumble."
- William S. Halsey