

Confident and Motivated

August 2009

Dear Readers:

I wanted to share an insightful e-mail my eldest daughter Ashley (24) wrote on **being sensitive**. She wrote it to her sister Elyse (20) who is working on an Elk ranch in Alberta for the summer.

*I read your email about the calf. Yes, keep asking questions, **especially** if they have a "sensitive" slant! You have a valid point that not everything has to die!*

I have also had struggles with people thinking my sensitivity is a weakness. I have been told, "you are way too sensitive, you take things so personally."

My response? "You bet I do because it is what allows me to see all sides of a situation and place myself in someone else's shoes!"

My sensitivity allows me to be an excellent friend, girlfriend, boss, daughter and sister!

I am proud to have a gift that connects me to all living things; it is why I am so successful!

Being sensitive drives me to be kind to those who are not, want to volunteer time, help others and work hard at being a good boss.

You have nothing to be ashamed of so don't hide your sensitivity. Be proud. The world needs people who feel compassion and are sensitive to everything with a heart that beats. I am proud of you!



Parent Job Description

POSITION:

Mom, Mommy, Mama, Ma, Dad, Daddy, Dada, Pa, Pop

JOB DESCRIPTION

Long term, team players needed, for challenging permanent work in an often chaotic environment. Candidates must possess excellent communication and organizational skills and be willing to work variable hours, which will include evenings and weekends and frequent 24 hour shifts on call. Some overnight travel required, including trips to primitive camping sites on rainy weekends and endless sports tournaments in far away cities! Travel expenses not reimbursed. Extensive courier duties also required.

RESPONSIBILITIES:

The rest of your life.

- Must be willing to be hated, at least temporarily, until someone needs \$5.
- Must be willing to bite tongue repeatedly. Also, must possess the physical stamina of a pack mule and be able to go from zero to 60 mph in three seconds flat in case, this time, the screams from the backyard are not someone just crying wolf.
- Must be willing to face stimulating technical challenges, such as small gadget repair, mysteriously sluggish toilets and stuck zippers.
- Must screen phone calls, maintain calendars and Coordinate production of multiple homework projects.
- Must have ability to plan and organize social gatherings for clients of all ages and mental outlooks.
- Must be willing to be indispensable one minute, an embarrassment the next.
- Must handle assembly and product safety testing of a half million cheap, plastic toys, and battery operated devices.
- Must always hope for the best but be prepared for the worst.
- Must assume final, complete accountability for the quality of the end product.
- Responsibilities also include floor maintenance and janitorial work throughout the facility.

POSSIBILITY FOR ADVANCEMENT & PROMOTION:

None.

Your job is to remain in the same position for years, without complaining, constantly retraining and updating your skills, so that those in your charge can ultimately surpass you

PREVIOUS EXPERIENCE:

None required unfortunately. On-the-job training offered on a continually exhausting basis.

WAGES AND COMPENSATION:

Get this...You pay them! Offering frequent raises and bonuses.

A balloon payment is due when they turn 18 because of the assumption that college will help them become financially independent. When you die, you give them whatever is left.

The oddest thing about this reverse-salary scheme is that you actually enjoy it and wish you could only do more.

BENEFITS:

While no health or dental insurance, no pension, no tuition reimbursement, no paid holidays and no stock options are offered; This job supplies limitless opportunities for personal growth, unconditional love, and free hugs and kisses for life if you play your cards right.

'THERE IS NO RETIREMENT -- EVER!!!

Motivated Adults

Motivated Adults

Rules

Kids need rules so they know what is expected of them.

How to change the house rules....

Pick the mountain...don't have sooo many that they can't focus.

How many can you remember.

Make them significant

Rules change as they age but the basic rules of respect and honour for example will not about privacy might become more important. Revise your list from time to time to bring the most important rules into the forefront of everyone's mind. Involve older children in any changes to the rules.

Rules are effective only if they are enforced. When you decide on a rule, also decide what will happen if the rule is broken. Starting at age 3 they can understand

Family pow wows to agree on consequences.

Be sure to visit the rules at least once a year and change them for the maturing sibling.

Without rules, children cannot know what is expected of them. Parents establish household rules for a number of reasons - to assure the safety of family members, to help things run smoothly, and to teach their children how to behave in ways that are beneficial to their overall development.

Establishing Basic Rules

Most parents wish to teach their children how to get along well in the world, helping them to develop to their highest potential while learning to interact positively with other people. Social skills begin at home, as does self-control and a sense of responsibility, all things that can benefit from having a start that includes well thought out rules. The most basic rules never need changing and will take children from infancy through their teenage years and beyond.

Children need to be taught that they are answerable for their actions and that they have a

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